### **Suggested topics**



# #ITD2019 #ThalassaemiaSuperheroes #RealLifeHeroes

## Are you a patient with thalassaemia? Do you have a child or a parent with thalassaemia? Are you a member of a patients' association? Are you a treating physician of patients with thalassaemia? Is thalassaemia part of your life in some way?

#### Then we invite you to actively take part in our contest for the **#ITD2019**

#### and tell us:

- Are all patients with thalassaemia entitled to free of charge public healthcare services in your country? How would you describe the quality, sufficiency, and safety of these services?
- Are out-of-pocket expenses for thalassaemia healthcare services a common practice where you live? Can patients easily afford them?
- What are the major challenges that your country is encountering with regards to thalassaemia management and treatment?
- Are there specific welfare policies in place for thalassaemia patients? To what extent are they accessible and what is their impact?
- Long waiting lists are a significant barrier to accessibility of healthcare services. Are patients with thalassaemia getting timely treatment where you live?
- Do you believe that patients with thalassaemia are knowledgeable and empowered enough to advocate for improved access and quality in healthcare services?
- To what degree do patients participate in national decision-making bodies and policy making?

Your submission may focus on one or more of the above.

Click here to submit your photograph(s), story or video:

https://form.jotform.me/90653106830452

Deadline for submissions is: May 7, 2019

If you are organizing a special event for this significant day in your country, tell us about them here:

https://form.jotform.me/90653031851452

We will upload them on an online map for everyone around the globe to see!

Remember to spread the word about TIF's contests on Facebook and other Social Media, using the following hashtags!

> #ITD2019 #ThalassaemiaSuperheroes #RealLifeHeroes #PhotographyContest #StoryChallenge #VideoChallenge

